# Ari Meerson, PhD

MIGAL Galilee Research Institute, Tel Hai College, Upper Galilee, Israel

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#### **Education and Research:**

**2013-pres** MIGAL Galilee Research Institute, Kiryat Shmona, Israel. Researcher and head of Genomics lab. Research interests: molecular links between chronic diseases; roles of non-coding RNAs in human disease; circulating microRNA-based biomarkers; genomics/transcriptomics.

2015-2022 University of Copenhagen, Denmark. Guest Researcher, BMI.

2009-2013 NIH/NIDDK (Phoenix), AZ, USA. Postdoctoral Fellow. Supervisor: Prof. Leslie Baier.
Initiated a study of microRNAs in the pathologies of obesity and diabetes. Studied the molecular and genetic basis of complex traits by high-throughput methods.

**2003-2008** Hebrew University, Jerusalem, Israel. PhD program, Department of Biological Chemistry. Advisor: Prof. Hermona Soreq. Thesis: Roles of microRNAs in mammalian stress reactions from blood to brain. PhD, 2009.

**2001-2003** Feinberg Graduate School of the Weizmann Institute of Science, Rehovot, Israel. MSc program, Department of Molecular Cell Biology. Advisor: Prof. Varda Rotter. MSc, 2004.

1999-2001 Hebrew University, Jerusalem, Israel. Faculty of Life Sciences. Honors Program. BSc 2002, cum laude, completed in 2 years; Dean's list and scholarship.

#### **Assay development:**

Developed a qPCR-based genetic assay for establishing the sex of Russian sturgeon fish, for caviar aquaculture. The method is in commercial use by Caviar Galilee Itd. since 2021.
 Developed a qRTPCR-based molecular assay for assessing maize late wilt disease (published)
 Developed an optimized protocol for isolating microRNAs from plasma vesicles (published)
 Designed multiple genotyping and expression assays for eQTLs in humans

## **Teaching and Mentoring:**

2017-pres Mentor to 1 PhD student (Hila Yehuda, HUJI), 5 MSc students (Yaniv Eliraz, Akram Hajouj, Rahaf Salalha, Tiferet Schindler and Monika Almozlino, Tel Hai), and 9 undergraduate students (Adi Rubin, Ariel Kelrich, Rahaf Salalha, Shiran Rachel Peretz, Roni Agam, Yuval Shahak, Amit Malka, Artyom Vodnev and Linoy Amsalem (Tel Hai))

**2017-pres** Tel Hai Academic College, Biotechnology Department. Teaching 6 courses: Developmental Genetics (starting **2017**); microRNAs/RNA World (starting **2020**); Evolution, and Molecular Genetics B (both starting **2021**); Practical Workshop in Genomic Lab Methods, and Big Questions in the Life Sciences (both starting **2023**). Approved for promotion to Senior Lecturer, **2022**.

2018-pres Tel Hai, Science Faculty. Supervisory committee member for 3 MSc students

**2016-pres** Tel Hai, Excellence Center. Mentored 8 high school students

2009-2012 NIH/NIDDK (Phoenix), AZ, USA. Mentored 3 interns

2011-2013 Yeshiva High School of Arizona, Phoenix. Biology, AP Biology and Chemistry instructor

**2009-2011** Shearim Torah High School for Girls, Phoenix. Biology and AP Biology instructor

**2004-2008** Hebrew University, Jerusalem, Israel. Teaching assistant in the following courses:

Membrane-mediated Molecular Processes, undergraduate course

From Transgene to Protein, PhD laboratory workshop

### **Computer Experience:**

Windows, Linux and Mac OS, hardware, software incl. bioinformatics

**2004-2008** Acting system administrator for the Soreq research group (>20 workstations)

#### Military and Voluntary Service:

**2023-pres** Israel Defense Forces, reserve service in regional defense units.

1999-2008 Israel Defense Forces, reserve service

1996-1999 Israel Defense Forces, compulsory service in elite unit. Rank upon discharge: Sergeant First Class

1994-pres Israel Police Civil Guard, 2000-2008 special unit

Languages: English, Hebrew, Russian – excellent; German, French, Spanish, Danish – reading ability

**2014-pres** Oral and poster presentations at >50 national and international meetings.

#### Workshops (selected):

2020	COST DARTER workshop on delivery of RNA therapeutics, Copenhagen, Denmark
2017	Tel Hai Academic College NGS workshop, Kiryat Shmona, Israel
2016	Danish Diabetes Academy Winter School: Diabetes Complications, Málaga, Spain
2014	EMBO High Throughput Sequencing Data Analysis, EMBL/EBI, Cambridge, UK
	Danish Diabetes Academy "Rising Stars" conference, Aarhus, Denmark
2012	NIH "Scientists Teaching Science" Pedagogy workshop, Bethesda MD
	GRC, Post-Transcriptional Regulation of Gene Expression, Salve Regina, Newport RI
2011	NIH/NIDDK Grant Writing workshop, Phoenix AZ
2004	EMBO Functional Imaging, NCBS, Bangalore, India

**Peer-reviewed research articles:** (total citations: >1.7k, Google Scholar). My corresponding authorship marked with \*; my students underlined. Three manuscripts are currently in preparation.

- 1. Degani G, **Meerson A\***. Transcriptome variation in banded newt (Ommatotriton vittatus) during its life cycle and habitat transition. Comparative Biochemistry and Physiology Part D: Genomics and Proteomics 2024, 50:01203; DOI: 10.1016/j.cbd.2024.101203.
- 2. Degani G, **Meerson A\***. Sex differences in the brain transcriptomes of adult Blue Gourami fish (Trichogaster trichopterus). Fishes 2024, 9, 287
- 3. <u>Yehuda H</u>, Madrer N, Goldberg D, Soreq H, **Meerson A\***. Inversely Regulated Inflammation-Related Processes Mediate Anxiety-Obesity Links in Zebrafish Larvae and Adults. Cells 2023, 12(13), 1794; DOI: 10.3390/cells12131794
- Sopić M, Karaduzovic-Hadziabdic K, Kardassis D, Maegdefessel L, Martelli F, Meerson A, Munjas J, Loredan Niculescu S, Stoll M, Magni P, Devaux Y. Transcriptomic research in atherosclerosis: Unravelling plaque phenotype and overcoming methodological challenges. J. Mol. and Cell. Cardiol. Plus 2023, DOI: 10.1016/j.jmccpl.2023.100048
- 5. **Meerson A\***, Shahar O, Mor I. Editorial: Molecular links between metabolism and neural dysfunction. Frontiers in Neurosci. 2023 May; DOI:10.3389/fnins.2023.1212939
- 6. Degani G, Nevo M, <u>Hajouj A</u>, Hurvitz A, Veksler-Lublinsky I, **Meerson A\*.** Whole-genome inter-sex variation in Russian sturgeon (*Acipenser gueldenstaedtii*). Int. J. Mol. Sci. 2022, 23(16), 9469; DOI: 10.3390/ijms23169469
- 7. **Meerson A**, Khatib S, Mahajna J. Flavonoids targeting cancer stem cells for augmenting cancer therapeutics. Int. J. Mol. Sci. 2021, 22(23), 13044; DOI: 10.3390/ijms222313044
- 8. Degani G, Veksler-Lublinsky I, **Meerson A\*.** Markers of Genetic Variation in Blue Gourami (*Trichogaster trichopterus*) as a Model for Labyrinth Fish. Biology 2021 10(3), 228
- 9. Curzon AY, Shirak A, **Meerson A**, Degani G, Hurvitz A, Ben-Naim N, Domovitz R, Ron M and Seroussi E. Cross-species conservation of a transposase-linked element enables genetic sexing of commercial populations of Russian sturgeon (Acipenser gueldenstaedtii). Animal Genetics 2022, 00, 1–6. DOI: 10.1111/ age.13188
- 10. **Meerson A\*.** Leptin-responsive miR-4443 is a small regulatory RNA independent of the canonic microRNA biogenesis pathway. Biomolecules 2020 Feb; 10(2): 293
- 11. **Meerson A\***, Eliraz Y, Yehuda H, Knight B, Crundwell M, Ferguson D, Lee BP, Harries LW. Obesity impacts the regulation of miR-10b and its targets in primary breast tumors. BMC Cancer 2019 Jan; 19:86
- 12.Blum A, Rohana H, **Meerson A**, Jabaly H, Nahul N, Celesh D, Romanenko O, Tamir S. MicroRNA-423 may regulate diabetic vasculopathy. Clin Exp Med 2019 Aug; DOI: 10.1007/s10238-019-00573-8. Free full text: https://rdcu.be/bO10G
- 13. Meerson A\*, Najjar A, Saad E, Sbeit W, Barhoum M, Assy N. Sex differences in plasma microRNA biomarkers of early and complicated diabetes mellitus in Israeli Arab and Jewish patients. Non-coding RNA 2019 Apr; 5(2):32
- 14.Pastukh N#, **Meerson A**#, Kalish D, Jabaly H, Blum A. (#: equal contributors) Serum miR-122 levels correlate with diabetic retinopathy and high cardiovascular mortality rate. Clin Exp Med 2019 Jan; DOI: 10.1007/s10238-019-00546-x
- 15.Degani G, Hurvitz A, Eliraz Y, **Meerson A\***. Sex-related gonadal gene expression differences in the Russian sturgeon (Acipenser gueldenstaedtii) grown in stable aquaculture conditions. Animal Rep Sci 2019 Jan; 200:75-85
- 16.Degani G, Alon A, <u>Hajouj A</u>, **Meerson A\*.** Vitellogenesis in the blue gourami is accompanied by brain transcriptome changes. Fishes 2019 Oct; 4(4):54
- 17. Jackson K, Sessler N, Shelly Ben Shushan R, **Meerson A**, LeBaron TW, Tamir S. Effects of alkaline-electrolyzed and hydrogen-rich water, in a high-fat-diet nonalcoholic fatty liver disease mouse model. World J. Gastroenterol. 2018 Dec; 24(45):5095-5108
- 18.Degani O, Movshowitz D, Dor S, **Meerson A**, Goldblat Y, Rabinovitz O. Evaluating Azoxystrobin seed coating against maize late wilt disease using a sensitive qPCR-based method. Plant Disease 2018 Jul; DOI: 10.1094/PDIS-05-18-0759-RE

- 19.Blum A, <u>Yehuda H</u>, Geron N, **Meerson A\*.** Elevated levels of miR-122 in serum may contribute to improved endothelial function and lower oncologic risk following bariatric surgery. IMAJ 2017 Oct; 19:620-4
- 20.**Meerson A\***, <u>Yehuda H</u>. Leptin and insulin up-regulate miR-4443 to suppress NCOA1 and TRAF4, and decrease the invasiveness of human colon cancer cells. BMC Cancer 2016 Nov; 16:882
- 21. **Meerson A\***, Ploug T. Assessment of 6 commercial plasma small RNA isolation kits using qRT-PCR and electrophoretic separation: higher recovery of microRNA following ultracentrifugation. Biol Methods & Protocols 2016 Dec; 1:1/bpw003
- 22.**Meerson A**, Traurig M, Ossowski V, Fleming JM, Mullins M, Baier LJ. Human adipose microRNA-221 is upregulated in obesity and affects fat metabolism downstream of leptin and  $\text{TNF}\alpha$ . Diabetologia 2013 Sep; 56(9): 1971-9
- 23.**Meerson A**, Cacheaux L, Goosens KA, Sapolsky R, Soreq H, Kaufer D. Changes in Brain microRNAs Contribute to Cholineraic Stress Reactions. J Mol Neuorosci. 2010 Jan. 40(1): 47-55
- 24. Shaked I#, **Meerson A**#, Wolf Y, Avni R, Greenberg D, Gilboa-Geffen A, Soreq H. (#equal contributors) MicroRNA-132 Potentiates Cholinergic Anti-Inflammatory Signaling by Targeting Acetylcholinesterase. Immunity 2009 Dec 18; 31(6):965-73 (cover; also featured in News and Views of that issue)
- 25.Guimaraes-Sternberg C, **Meerson A**, Shaked I, Soreq H. MicroRNA modulation of megakaryoblast fate involves cholinergic signaling. Leuk Res 2006 May 30 (5):583-95
- 26. Shorer H, Amar N, **Meerson A**, Elazar Z. Modulation of N-ethylmaleimide-sensitive factor activity upon amino acid deprivation. J Biol Chem 2005 Apr 22; 280(16):16219-26
- 27.**Meerson A**, Milyavsky M, Rotter V. p53 mediates density-dependent growth arrest. FEBS Lett 2004 Feb 13; 559(1-3):152-8
- 28. Milyavsky M, Shats I, Erez N, Tang X, Senderovich S, **Meerson A**, Tabach Y, Goldfinger N, Ginsberg D, Harris CC, Rotter V. Prolonged culture of telomerase-immortalized human fibroblasts leads to a premalignant phenotype. Cancer Res 2003 Nov 1; 63(21):7147-57

#### Other publications:

- 1. Schuster R. Israeli Study Finds How Obesity Can Increase Breast Cancer Rates. HaAretz 2019 May 19
- 2. Meerson A. How obesity can contribute to spreading colon cancer. HaAretz 2016 Dec 22 (Hebrew)

### Research Funding, Prizes and Honors (selected):

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2021	The Dr. Raphael Bitzur Young Researcher Award, the Israeli Society for Treatment and Prevention of Atherosclerosis (granted to Rahaf Salalha, MSc student)
2017-2024	Internal research grants, 3 from MIGAL, 2 from Tel Hai Academic College, 1 collaboration grant from MIGAL/Tel Hai/Ort Braude College
2017	DiaObesity International Conference, Jerusalem. Invited talk
2016-pres	Member, EU COST actions CA16113 (CliniMARK), CA17103 (Delivery of RNA Therapy), CA20110 (exRNA-PATH), CA22160 (BIOAQUA – co-leader of WG2, "Biomolecular solutions as alternative methods and tools for fish-farm production"). MC Member for Israel, CA17129 (CardioRNA), CA21153 (AtheroNET), CA24165 (CardioPharmaGENET).
2016-2018	Type 2 diabetes research grant, D-Cure/CSO-MOH
2015-2018	Visiting Professorship, Danish Diabetes Academy (Novo Nordisk Foundation)
2013-2015	Gesher Award, Israel Cancer Research Fund/MOST
2014	Travel Award, The Daniel Turnberg UK/Middle East Travel Fellowship Scheme
2013	Travel Award, Copenhagen Bioscience Conferences (Novo Nordisk Foundation)
2011	NIDDK Nancy Nossal Fellowship Award (intramural grant competition)

#### **Review Activities:**

2018-pres	Member, Danish Diabetes Academy Committee for Talent Development
2020-pres	Member of Editorial Board, Diabetology (MDPI); guest editor, International Journal of Molecular Sciences (MDPI); guest editor, Frontiers in Neuroscience - Neuroenergetics, Nutrition, and Brain Health
2014-pres	Invited Thesis, Appointment and Proposal Reviewer for: Israel Cancer Association; University of Exeter, UK; Icelandic Research Fund; Hebrew University (Faculty of Sciences; Faculty of Medicine); Ben Gurion University of the Negev.
2014-pres	Invited Reviewer for ~40 peer-reviewed journals.
2012-2013	Reviewer at American Journal Experts